

CONFERENCE PROGRAM



SCIENTIFIC PROGRAM

MARCH 1, 2018

07:30-08:30 Registration

- 08:30-08:45 Master of Ceremonies: Dr. Alaa Galadari (UAE)
Opening Ceremony and Welcome Remarks from Conference Chair by Dr. Ahmad Almai (UAE)
- 08:45-09:00 Speech by Celebrity Singer, Nawal Alkuwaitia الفنانة نوال الكويتية
- 09:00-09:30 Keynote Presentation: Future of Psychiatry: Challenges & Opportunities by Dr. Javed Afzal (UK), President-Elect of WPA
- 09:30-09:45 Welcome Remarks by H.E. Dr. Hamad Al Ghaferi, Director of NRC
- 09:45-10:00 Welcome Remarks by His Royal Highness, Sheikh Hamdan bin Zayed Al Nahyan, Governor of Al Dhafra Western Region

10:00-10:10 Coffee Break

10:10-11:40 CHILD PSYCHIATRY TRACK - OCD ROOM A Chair: Dr. Ahmad Almai (UAE)

- 10:10-10:50 Obsessive–Compulsive Disorder: Clinical picture, course and comorbidities Dr. Bernhard Weidle (Norway)
- 10:50-11:30 Treatment for Pediatric OCD in the Netherlands Dr. Lidewij Wolters (Netherlands)
- 11:30-11:40 Q & A

10:10-11:40 ADULT PSYCHIATRY TRACK - PSYCHOSOMATIC / CL ROOM B Chair: Dr. Fahad Alosaimi (KSA)

- 10:10-10:50 Delirium Dr. Fahad Alosaimi (KSA)
King Saud University
- 10:50-11:30 Schizophrenia: What we know and what we don't know Dr. Samer Makhoul (UAE)
- 11:30-11:40 Q & A

10:10-11:40 ARABIC TRACK - LEARNING DISORDERS ROOM C Chair: Dr. Noor Al-Modihesh (KSA)

- 10:10-11:30 Evidence-Based Assessment of Learning Disorders: Regional Perspective Dr. Pia Zeinoun (Lebanon)
دلائل تقييمية لأضطرابات التعلم: منظور أقليمي
- 11:30-11:40 Q & A

10:40-11:40 RESEARCH TRACK - REA-KKMC/KFSHD ROOM D Chair: Dr. Ammar Albanna (UAE)

- 10:10-11:30 Overview of Research Ethics and Oversight Dr. Yasser Ad-Dab'bagh (KSA)
- 11:30-11:40 Q & A

11:40-11:55 Coffee Break

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11:55-13:25 CHILD PSYCHIATRY TRACK - PARENTING AND CHILDHOOD DISORDERS ROOM A Chair: Dr. Sabine Skaf (UAE)

- 11:55-12:35 Parenting Style and Anxiety Disorders in Children Dr. Noor Al-Modihesh (KSA)
King Saud University
- 12:35-13:15 Parenting Styles and Attachment Dr. Sabine Skaf (UAE)
- 13:15-13:25 Q & A

11:55-13:25 UC SAN DIEGO PROFESSIONAL DEVELOPMENT PROGRAM ROOM B SEHA SYMPOSIUM

- 11:55-13:15 Non-Psychopharmacological Approach to Treatment Resistant Disorder (TRD) Dr. Munir Soliman (USA)
- 13:15-13:25 Q & A

11:55-13:25 ARABIC TRACK - LEARNING DISORDERS ROOM C Chair: Dr. Gamal Mousa (UAE)

- 11:55-12:35 Development of Psychological Functional Measures for Hearing Impaired Individual using Arabic Sign Language Dr. Safa Ali Al-Jameel (Oman)
تطور قياس الوظائف النفسية باستخدام لغة الإشارة
- 12:35-13:15 Mental Health and Communication Between Parents and Infants: Embracing your child is key to your happiness Dr. Fatimah Ridha Alfares (KSA)
الصحة النفسية والتواصل بين الآباء والرضع / احتضانك لطفلك مفتاح سعادتكما
- 13:15- 13:25 Q & A

11:55-13:25 RESEARCH TRACK - REA-KKMC/KFSHD ROOM D Chair: Dr. Saad Al Shahrani (KSA)

- 11:55-13:15 Introduction to Research Design and Clinical Trials Dr. Saad Al-Shahrani (KSA)
- 13:15- 13:25 Q & A

13:35-14:25 Lunch Break

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14:25-15:55 CHILD PSYCHIATRY TRACK - GENETICS / RESEARCH ROOM A Chair: Dr. Nada Al Tassan (KSA)

- 14:25-15:05 The Future of Autism Research Dr. Mohammed Uddin (UAE)
- 15:05-15:45 A Comprehensive Genetic Testing Workflow for Individual with Autism Spectrum Disorder Dr. Nada Al Tassan (KSA)
- 15:45-15:55 Q & A

14:25-15:55 ADULT PSYCHIATRY TRACK - SUBSTANCE ABUSE ROOM B Chair: Dr. Tarek Gawad (UAE)

- 14:25-14:55 Substance Abuse & Mental Health: Regional perspective Dr. Tarek Gawad (UAE)
National Rehabilitation Centre
- 14:55-15:25 Problematic Internet Use in the UAE and the Arab World Dr. Ahmed Elkashef (UAE)
National Rehabilitation Centre
- 15:25-15:55 Mental Illness and Addiction Stories Told Through Tattoos; Is the body graffiti skin deep, or deeper? Dr. Ahmed Yousif Ali (UAE)
National Rehabilitation Centre

14:25-15:35 ARABIC TRACK ROOM C Chair: Dr. Mahdi Abu Madini (KSA)

- 14:25-15:05 Schema Therapy Dr. Zahraa Hussain Almousawi (Kuwait)
علاج المخططات المعرفية
- 15:05-15:25 The Effect of War on Children: A Global Perspective Drs. Alaa Galadari, Dr. Yumna Al Mansoori, & Dr. Ahmed Al Almai (UAE)
تأثير الحرب على الأطفال: منظور عالمي
- 15:25-15:35 Q & A

14:25-15:55 RESEARCH AND OTHER TOPICS TRACK ROOM D Chair: Dr. Tarek Shahrour (UAE)

- 14:25-14:45 What is so special about the Arab Personality: Empirical findings from Lebanon, Syria, Jordan and Palestine? Dr. Pia Zeinoun (Lebanon)
- 14:45-15:05 Psychological Assessment of Emirati Patients Pursuing Bariatric Surgery for Obesity Dr. Essam Eldin Emam (UAE)
- 15:05-15:25 Management of Nocturnal Enuresis in a Primary Health Setting: AI in enuresis clinic experience Dr. Abdelazim Mabrook (UAE)
- 15:25-15:45 Predictors of Post-partum Depression in Dubai, a Rapidly Growing Multicultural Society in the United Arab Emirates Salama Nasser Alnuaimi (UAE)
- 15:45-15:55 Q & A

15:55-16:10 **Coffee Break**

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16:10-17:40 CHILD PSYCHIATRY TRACK - YOUNG CHILDHOOD DISORDERS ROOM A Chair: Dr. Naoufel Al Gaddour (Tunisia)

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| 16:10-16:50 | What Role is Played by Early and Intensive TV Viewing in Autism Spectrum Disorder? | Dr. Naoufel Al Gaddour (Tunisia) |
| 16:50-17:10 | Adaptation and Reflection of Treating Unusual Phobia in a Child with ASD "Halloween 24/7" | Dr. Sarah Almarzooqi (UAE) |
| 17:10-17:20 | Predictors of Intellectual Abilities among Children with Autism Spectrum Disorder | Dr. Ahmed Babiker Idris (UAE) |
| 17:20-17:30 | Retesting Parental Age as a Risk Factor for Autism Spectrum Disorders in a Young Generation Population | Dr. Ahmed Babiker Idris (UAE) |
| 17:30-17:40 | Q & A | |

16:10-17:40 ADULT PSYCHIATRY TRACK ROOM B Chair: Dr. Dakhil Alsaedi (KSA)

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| 16:10-16:30 | Psychotherapies for PTSD, Knowing-Doing Gap | Dr. Dakhil Alsaedi (KSA) |
| 16:30-16:50 | ADHD Across the Lifespan: Findings from 20 Countries | Dr. John Fayyad (Lebanon) |
| 16:50-17:30 | Remembrance of Things Present: Making Peace With Dementia | Mr. Peter Maeck (USA) |
| 17:30-17:40 | Q & A | |

16:10-17:40 ARABIC TRACK ROOM C Chair: Dr. Ghanem Al Hassani (UAE)

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| 16:10-16:30 | Early Maladaptive Schema in Borderline Personality Disorder المخططات المعرفية الاولى غير التكيفية في المصابين باضطراب الشخصية الحدية | Dr. Zahraa Hussain Almousawi (Kuwait) |
| 16:30-16:50 | The Key to a Successful Counseling: A trainee's perspective المفتاح للعلاج النفسي: من منظور لمتدربة | Mrs. Ebtisam Osman Al Radi (UAE) |
| 16:50-17:10 | The Necessity of Liaison Psychiatric Nurse الحاجة للاتصال لدى ممرضى الطب النفسي | Dr. Azza Saad Zaghoul Elsayed Sayed Ahmed (UAE) |
| 17:10-17:30 | Self-esteem and Locus of Control among a Group of Adolescents with Type-1 Diabetes Mellitus تقدير الذات ووجهة الضبط لدى عينة من المراهقين المصابين بالسكري (النوع الأول) | Dr. Farihan Farouk Helmy (Egypt) |
| 17:30-17:40 | Q & A | |

16:10-16:50 SATELLITE SYMPOSIUM HOSTED BY ELI LILLY ROOM D

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| 16:10-16:40 | ADHD Psychopharmacology Update | Dr. Ahmad Almai (UAE) |
| 16:40-16:50 | Q & A | |

SCIENTIFIC PROGRAM

MARCH 2, 2018

08:00-09:00 Registration

- 09:00-09:10 Welcome Remarks from Conference Co-Chair by Dr. Ghanem Hassani
- 09:10-09:20 Welcome Remarks from President of Child Psychiatry, Emirates Medical Association (EMA), Dr. Ammar Albanna
- 09:20-09:30 Dr. Khawla Al Saadi; President of Emirates Autism Society
- 09:30-09:45 Speech by Ruwaida Al Mahrouqi, Celebrity Musician الفنانة رويدا المحروقي
- 09:45-10:15 Keynote Presentation: WPA Child and Adolescent Psychiatry Section's Perspective on Global Challenges in Child and Adolescent Mental Health by Prof. Norbert Skokauskas (Norway)

10:15-10:25 Coffee Break

10:25-11:55 CHILD PSYCHIATRY TRACK - INFANT MENTAL HEALTH ROOM A Chair: Dr. Azhar Abouali (UAE)

- 10:25-11:05 Infant Mental Health: What factors form a Bridge between research and clinical practice? Dr. Maree Foley (Switzerland)
- 11:05-11:45 The Impact of Implementing the "Safewards model" on a Psychiatric Intensive Care Unit (PICU) Dr. Hamid Alhaj (UK)
- 11:45-11:55 Q & A

10:25-11:55 ADULT PSYCHIATRY TRACK - SUBSTANCE ABUSE ROOM B Chair: Dr. Ossama Osman (UAE)

- 10:25-11:25 AMECA Symposium Addiction and Mental Health Co-morbidity: Research and Clinical Strategies to Address Growing Burden in Africa and the Middle East Drs. Ahmed Al Kashef, Essam Emam, Doaa Radwan & Ossama Osman (UAE)
- 11:25-11:45 Cannabis and Amphetamine Abuse and Psychosis: New Insights into Drug-induced Psychosis Dr. Fares F. Alharbi (KSA)
- 11:45-11:55 Q & A

10:25-11:55 ARABIC TRACK ROOM C Chair: Dr. Reham Aly (Egypt)

- 10:25-11:05 An Interesting Case Study with a Multidisciplinary Team Approach
دراسة حالة مثيرة للاهتمام مع نهج فريق متعدد التخصصات Drs. Haneen Jarrar, Rahaf Al Bizreh & Rindala Semaan (UAE)
- 11:05-11:45 Cognitive Behavior Therapy for Couples
العلاج المعرفي السلوكي المتكامل: الاسس العلاجية والتقنيات الفنية اللازمة للأزواج Dr. Reham Aly (Egypt)
- 11:45-11:55 Q & A

10:25-11:55 RESEARCH TRACK - REA-KKMC/KFSHD ROOM D Chair: Saad Al Shahrani (KSA)

- 10:25-11:45 Introduction to Principals of Evidence-based Practice and Metanalyses/Systematic Reviews Dr. Saad Al-Shahrani (KSA)
- 11:45-11:55 Q & A

11:55-14:00 Lunch Break and Friday Prayer

SCIENTIFIC PROGRAM

MARCH 2, 2018

12:00-14:00 BUSINESS MEETING - EMIRATES SOCIETY FOR CHILD AND ADOLESCENT MENTAL HEALTH (BY INVITATION ONLY)
ROOM D

14:00-15:30 CHILD PSYCHIATRY TRACK
ROOM A **Chair: Dr. Sama El Abd (UAE)**

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| 14:00-14:20 | Attention Deficit Hyperactivity Disorder in Non Referred Patient Group | Dr. Sama El Abd (UAE) |
| 14:20-14:40 | Multi Professional Practice and School Inclusion in the early years | Dr. Ruba Tabari (UAE) |
| 14:40-15:20 | The Effect of Parental Incarceration on Early Adolescent's Eating and Sleeping Habits | Dr. Lauren Booker (USA) |
| 15:20-15:30 | Q & A | |

14:00-15:30 ADULT PSYCHIATRY TRACK - PSYCHOTHERAPIES
ROOM B **Chair: Dr. Ahmad Alhadi (KSA)**

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| 14:00-14:40 | How to Understand OCD from Cognitive Perspectives | Dr. Ahmad Alhadi (KSA) King Saud University |
| 14:40-15:20 | Cultural Adaptation of CBT Interventions: Roadblocks in the way to effective practice | Dr. Reham Aly (Egypt) |
| 15:20-15:30 | Q & A | |

14:00-15:30 ARABIC TRACK - PARENTING AND EDUCATION
ROOM C **Chair: Dr. Adel Al Sheikh (UAE)**

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| 14:00-14:40 | Basic Guidance with Parents of Children with ASD الارشاد الأساسي لأولياء الأطفال ذوي اضطراب طيف التوحد | Dr. Naoufel Gaddour (Tunisia) |
| 14:40-15:00 | Obsessive Compulsive Disorder: Diagnosis and management الوسواس القهري: التشخيص والعلاج. | Dr. Fatma Khalifa Elsayed (KSA) |
| 15:00-15:20 | Autism in the Classroom اطفال التوحد في المدارس | Dr. Israa Farouk Abusaad (UAE) |
| 15:20-15:30 | Q & A | |

14:00-15:30 MIXED TRACK - RESEARCH AND AL JALILA CHILDREN'S INSTITUTE
ROOM D **Chair: Dr. Azhar Abouali (UAE)**

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| 14:00-14:40 | Mutational Spectrum and Cellular Heterogeneity of Neurodevelopmental Disorders | Dr. Mohammed Uddin (UAE) |
| 14:40-15:05 | Sleep and Pediatric Mental Health | Drs. Habib Abdullah & Rizwana Popatia (UAE) Al Jalila Children's Institute |
| 15:05-15:30 | Mindfulness: Mind your well-being | Drs. Meshal Sultan & Karina Soubra (UAE) Al Jalila Children's Institute |

15:30-15:45 Coffee Break

14:00-16:00 ARAB BOARD EXAMINATION COMMITTEE MEETING (BY INVITATION ONLY)

SCIENTIFIC PROGRAM

MARCH 2, 2018

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| 15:45-17:15 ROOM A | CHILD PSYCHIATRY TRACK Chair: Dr. Meshal Sultan (UAE) | |
| 15:45-16:25 | The Prevalence of Child Abuse in the UAE | Dr. Amna Ibrahim Al Mutawa (UAE) |
| 16:25-16:45 | Biological Correlates of Behavioural Disorders in Children and Adolescents: Recent Updates | Dr. Hanan Hussein Ahmed (UAE) |
| 16:45-17:05 | Play Therapy for 'The Silent Sufferers': Children Witnessing Domestic Violence | Dr. Anita Sunil Kumar (UAE) |
| 17:05-17:15 | Q & A | |
| 15:45-17:25 ROOM B | ADULT PSYCHIATRY TRACK Chair: Dr. Fahad Alosaimi (KSA) | |
| 15:45-16:05 | The Psychosocial Correlates of Infertility in Saudi Arabia | Dr. Fahad Alosaimi (KSA) King Saud University |
| 16:05-16:25 | Art Therapy Research and the Development of Mental Health Services in the UAE | Dr. Sara Powell (UAE) |
| 16:25-16:45 | Quality of Life in Cardiac Patients with Psychiatric Disorders | Dr. Ahmad Saad Alzahrani (KSA) |
| 16:45-17:25 | Exploration of FOMO, or Fear of Missing Out and Social Media, and its relationship to Psychological Well-being and Distress | Chasity O'Connell & Thoraiya Kanafani (UAE) |
| 15:45-17:15 ROOM C | ARABIC TRACK Chair: Dr. Farouk Majzoub (Lebanon) | |
| 15:45-16:25 | Psychopath Personality Disorder and its Relationship with Perpetrators of Terrorist Attacks: An applied study الاضطرابات الشخصية لدى مرتكبي الهجمات الإرهابية: دراسة تطبيقية | Dr. Marwa Ahmed Fouad (UAE) |
| 16:25-16:45 | The Prevalence of Emotional and Physical Abuse among Adolescent Between 11 to 18 years old in Al Ain and Relation to Depression معدلات انتشار الإساءة الانفعالية والبدنية للمراهقين (11 - 18) في مدينة العين وعلاقتها بالاكتئاب | Dr. Maryam BinNasser Al Dahmani (UAE) |
| 16:45-17:05 | Integrative Multi-theoretical Married Couple Therapy مدخل العلاج التكاملية للزوجين | Dr. Farouk Majzoub (Lebanon) |
| 17:05-17:15 | Q & A | |
| 15:45-17:15 ROOM D | MIXED TRACK - AL JALILA CHILDREN'S INSTITUTE Chair: Dr. Lori Schwab (UAE) | |
| 15:45-16:10 | Augmentative and Alternative Technology Devices: How do you choose? | Dr. Suha Al Shuaibat (UAE) Al Jalila Children's Institute |
| 16:10-16:35 | Child Abuse: An Interdisciplinary Approach | Dr. Sarah Bougary (UAE) Al Jalila Children's Institute |
| 16:35-16:50 | Child Abuse: An Interdisciplinary Approach | Dr. Heba Ragheb (UAE) Al Jalila Children's Institute |
| 16:50-17:15 | Child Abuse: An Interdisciplinary Approach | Ms. Mona Qureshi (UAE) Al Jalila Children's Institute |

WORKSHOPS

MARCH 3, 2018

WORKSHOP 1

09:00-12:00

Critical Appraisal

Dr. Yasser Ad-Dab'bagh (KSA)
An Overview of Research Statistical
Concepts and Pitfalls
Dr. Saad Al Shahrani (KSA)

WORKSHOP 2

09:00-12:00

Behavioral Experiment in CBT: Workshop

Dr. Ahmad Al-Hadi (KSA) and
Dr. Meshal Al Aqeel (KSA)

WORKSHOP 3

09:00-10:30

Healing Art: Using children's drawings
for understanding and therapy

Fatten Fathy Elkomy (USA)

WORKSHOP 4

09:00-10:30

Pediatric Obsessive-Compulsive
Disorder: Treatment and management
Prof. Norbert Skokauskas (Norway),
Dr. Bernhard Weidle (Norway) &
Dr. Lidewij Wolters (Netherlands)

WORKSHOP 5

09:00-12:00

Developing Basic Molecular Research
Programs: Complex neurological disorders
as an example

Drs. Nada Al Tassan, Bashayer Al Mubarak &
Batoul Baz (KSA)

WORKSHOP 6

09:00-12:00

The Psychiatry Clinical Skills:
Interviewing and presentation

Drs. Ossama Osman, (UAE), Tawfik
Daradkeh (Jordan) Hamed Al Sinawi
(Oman) & Mahdi Abu Madini (KSA)

WORKSHOP 7

09:00-12:00

Essential Basics for Cognitive
Behavior Therapy for Beginners
(Arabic/English)

العلاج المعرفي السلوكي: دورة مكثفة
للمبتدئين
Dr. Reham Aly (Egypt)

WORKSHOP 8

09:00-12:00

Cognitive Behavioral Therapy for
Depression (Arabic)

العلاج المعرفي السلوكي للاكتئاب
Drs. Fatma Khalifa Elsayed &
Shrooq Gharmallah Alzahrani (KSA)

WORKSHOP 9

09:00-12:00

Stress Management Training for Parents
of Special Needs Children

Drs. Abdulhadi Ateeq Alhabbad &
Areej Al Muhareb (KSA)

WORKSHOP 10

10:30-12:00

Motivational Interview in Arabic

المقابله النفسه المحفزه/الدافعيه
Dr. Abdullah Alshenguity (KSA)

WORKSHOP 11

10:30-12:00

Residency and Fellowship Programs
Available in GCC Countries: Meet the
program directors

Drs. Ahmed Malalla AlAnsari (Bahrain),
Tarek Shahrouh (UAE), Ahmed AlHadi
(KSA), Fahad Alosaimi (KSA), Ossama
Osman (UAE) & Hamed Al Sinawi (Oman)

WORKSHOP 12

10:30-12:00

School-based Art Therapy
Programmes in the UAE: Addressing
educational and emotional challenges
Mariam El Halawani (UAE)

12:00-13:00

Lunch Break

WORKSHOP 13

13:00-16:00

Attachment Theory: Understanding the
parent-infant relationship and client-family
relationship, implications for infant mental
health practice

Dr. Maree Foley (Switzerland)

WORKSHOP 14

13:00-16:00

Child Protection UAE Law: Training
professionals, legal, psychiatric and
medical

Dr. Ahmad Almai, Dr. Nawal Al Kaabi (UAE)
and Col. Faisal Alshimmiry (UAE - Ministry
of Interior)

WORKSHOP 15

13:00-16:00

Essential Psychotherapy Skills: How to
achieve wellbeing with your patients?

Drs. Ossama Osman, Shamil Wanigaratne
& Essam Emam (UAE)

WORKSHOP 16

13:00-16:00

Basic Guidance with Parents of
Children with ASD Workshop (Arabic/
English)

الارشاد الأساسي لأولياء الأطفال ذوي
اضطراب طيف التوحد
Dr. Naoufel Gaddour (Tunisia)

WORKSHOP 17

13:00-16:00

School Health - Bahrain Experience
(English/Arabic)

صحة المدارس- التجربة البحرينية
Drs. Ahmed Malalla AlAnsari, Eman Ahmed
Haji, Ashwaq Abdulla Sabt & Amani Abdulla
AlSabbagh (Bahrain)

WORKSHOP 18

13:00-16:00

Managing cancer and living
meaningfully (CALM)

Dr. Fahad Alosaimi (KSA)

POSTER PRESENTATIONS

Prevalence and Risk Factors of Nomophobia among Undergraduate Students of Health Sciences Colleges at King Khalid University, Abha, Saudi Arabia

Dr. Ahlam Saad Alqahtani (KSA)

The Prevalence of Psychiatric Disorders in Cardiac Patients using a Diagnostic Tool

Dr. Abdulaziz Abdulmajeed (KSA)

Spiritual and Optimism in Pediatric Inpatient Settings: An exploratory study

Dr. Fady Taymour Serry (UAE)

The Impact of Parents and Peers Smoking on the Behavior of University Students Towards Smoking

Dr. Hussein Mohammed Resen (UAE)

Child and Adolescent Psychiatry in the Middle East

Carolyn Clausen (Norway)

Multidimensional Treatment of Autism علاج التوحد باستخدام العلاج المتعدد والطرق

Dr. Noura Almalki (UAE)

د. نوره المالكي (السعودية)